

FACTSHEET

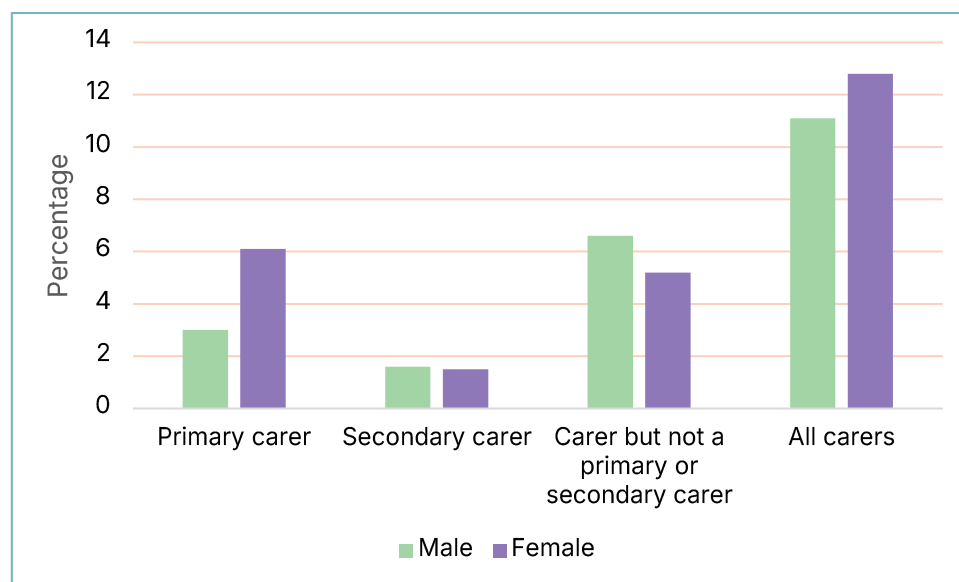
CARERS

A carer is a person who provides any informal assistance, help, or supervision to people with disability or to older people aged 65 years and over. Carers play a vital role in supporting the health, independence, and daily lives of those they care for, often stepping in where formal services are limited or unavailable. As Australia's population continues to age and the number of people living with disability increases, the demand for informal care is expected to grow. Understanding the role of carers helps communities and services plan for the support networks that many Australians rely on.

- Almost two in five carers (38.6%) report that they also have disability.
- Overall, females are more likely to be carers than males, they are also more likely to be primary carers.
- Approximately 3% of men in Australia are primary carers, compared to 6.1% of women.
- 1.2 million people in Australia were primary carers
- Primary carers are less likely to be in the labour force (64.6%) than non-carers (82%).

In 2022, 3 million Australians were carers

CARER TYPES BY SEX



Carer types by sex, 2022 (Australian Bureau of Statistics)

REFERENCES

Australian Bureau of Statistics. (2022). *Disability, Ageing and Carers, Australia: Summary of Findings*. ABS. <https://www.abs.gov.au/statistics/health/disability/disability-ageing-and-carers-australia-summary-findings/2022>.